



2016 COMPETITIVE COACH OF THE YEAR: SANDRA DONNELLY



Sandra Donnelly from Calgary, AB began coaching in her teens as one of the older Pony Club members helping out younger riders. By 1995, she was providing coaching and training through her own business, Alborak Stable Inc., which has grown to become a thriving equestrian operation, providing lessons, training, sales and breeding.

Sandra enjoys teaching all levels of students, helping to foster a love of the horse and a desire to learn. She works with all types and levels of riders, from recreational to junior and amateurs looking to enter the FEI levels.

A high performance athlete herself, Donnelly is a Canadian Olympian, having represented the Canadian Eventing Team at the 2008 Beijing Olympics.

“My own thirst for knowledge and a desire to be the best coach possible led me to the Equestrian Canada certified coaching program,” said Sandra, who is certified as a Competition Coach Specialist. “I decided that if I was going to be a teacher, I should get an education on how to teach. I have found the EC coaching programs to be a great resource in learning how to put programs together and properly structure training sessions. What an honour to receive this award, thank you.”

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